

Chairperson: Carlessia Hussein
Vice Chairperson: Sheri Lewis
Executive Secretary: Maura Rossman, M.D., Antigone Vickery
Recorded By: Gloria Whittington

HOWARD COUNTY BOARD OF HEALTH

March 26 Meeting Minutes

DATE: March 26, 2019
TIME: 6:00 p.m.
PLACE: Howard County Health Department
8930 Stanford Blvd., Columbia, MD 21045

Members Present: Carlessia Hussein, Jill RachBeisel, Darryl Burnett, Judith Chernoff, Sheri Lewis, Erica Martin, Paul Nagy, Deborah Rivkin, Gary Stewart

Members Excused: Matt Reber, Gloria Whittington

Staff: Maura Rossman, Health Officer, Antigone Vickery, Deputy Health Officer

Guest: Jeffrey Dannis, Felicia Pailen, Policy- Planning & Communication - HCHD

Topic/Agenda	Discussion	Action / Follow-up
Welcome and Introductions	Carlessia Hussein opened the meeting at 6:00 p.m.	
Approval of Agenda	Motion to accept April's BOH agenda.	
Approval of Minutes	Motion to accept March's BOH minutes.	
New Business	<p><u>2018 Howard County Health Assessment Survey Preliminary Results – Felicia Pailen (see attached presentation)</u></p> <p>This survey is done by biannually from 2012 – 2018. There are four organizational partners including HCHD, Horizon foundation, the Columbia Association, and Howard County General Hospital.</p> <p>The purpose of the survey is to assess health behavior in Howard County. The same questions are asked each year, with a few additional questions added each year.</p> <p>Respondents are distributed across the five planning districts in the county. Historically, the survey is done in the spring and the summer to get the best results and is out in the field for 6 to 8 weeks. There have been many challenges this time related to cell phone behavior and people screening their calls and not answering. As a result, to get the desired sample size, the survey was out for much longer -- May to December. Major findings:</p>	

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	<ul style="list-style-type: none"> • Insurance: 7% uninsured 93% insured. It was asked did the survey ask what type of insurance respondents have? MA private etc. No, we did not. The survey is already very long at 100 questions. • More people are using urgent care centers (11% to 25%). There are more urgent care centers in the county. It was noted that maybe there are changes in how people chose and use medical home. It was suggested maybe more people are using and going to urgent care centers then a traditional doctor's office. If true, maybe we need to rethink how we look at the medical home. • Dental Service Use. Survey noted fewer people going to a dentist. It was suggested this may be due to cost. • Cancer Screening. It was noted that sigmoidoscopy and colonoscopy question should be split up. It is currently a combined question. • Heathy weight and physical activity. Continue to be an issue. 36% of respondents advised by their physician to lose weight (up from 32%) and physical activity decreasing (73% activity during stated time period; down from 80%). It was noted there could be plausible explanations including the timing of the survey (end the year- October to December- where colder weather inhibits outdoor exercise and holidays more eating and busyness) also how the question was worded changed over the 6 years. • Behavioral health. In 2018, mental health questions were added. Tobacco use continues swing between 26% and 29%. Most recently dropped to 26% from 29%. E-cigarette use increasing slightly. We started asking this in 2016. 16% met the definition of binge drinking in the last 30 days. • Aging. More people are having conversations about Advance Directives and naming a health agent. • Child Health. Asthma stayed steady at 20% <p>New questions included from HCGH and Columbia Association.</p> <p>Next Steps: There will be an opportunity to provide feedback on the survey and the process. Then conducting a Community Health Needs Assessment. And working to address gaps.</p> <p>It was noted that Howard County was ranked number 10 healthiest county and US News and World Report, and the Robert Wood Johnson ranked Howard County #1 in Health Factors and #2 in Health Outcomes in the state. That said, our weaknesses remain our behavior including smoking drinking and sedentary let lifestyle. These we need to change if you want to move the needle</p>	

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<p>Health Officer Report</p>	<p>It was noted this is the last year of the collaborative survey. It was noted we should keep the partnership together; not due for separate surveys. It was noted that data from the survey can be crossed-tabbed for gender and race/ethnicity. Another gap in the survey or questions about domestic violence. Other logistical issues related to the survey include use of phones, the movement to social media, and the number of questions on the survey will all need to be addressed in the next survey.</p> <p><u>Youth Suicide Prevention Report.</u> Interest from high schools and churches. This is iterative. As we get feedback, we've been making some changes.</p> <p><u>Opening of Howard House</u> 16 men receiving SUD treatment. Lowest level of residential care. Only one available in Howard County. Grand opening May 2 @ 11 am.</p> <p><u>Syringe program</u> Application still being developed. Community input being solicited. This will be completed in the spring time. It was asked whether you can drop off syringes at that medication drop boxes at the Police Departments in the county? No, you cannot.</p> <p><u>Questions from BOH</u> FIMR - Do we track maternal mortality?</p> <p>MA numbers? Can you show data from the same month in the previous year? It was noted that we will bring Health Stat data next month to show.</p> <p>A question was asked, have we done more for e-cigarette's? It is a big problem. Kids don't think it's a problem. HCHD's tobacco program does include traditional tobacco products and e-cigarettes.</p>	

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Old Business	<p><u>PHAB Update</u></p> <p>HCHD received the questions from the PHAB site visit team. Thirty -three (33) questions have been re-opened. Staff are working on addressing these and have 30 days to do so. We will have a mock site visit on Tuesday April 9 with a trained PHAB site visitor (who works at PG County Health Department). At that time, Antigone will sit with BOH members who will attend the site visit in May and answer their questions.</p> <p><u>Other</u></p> <p>It asked if we receive data from HCPSS? No. It was noted that it is difficult to respond to health issues without data. Some suggestions were raised including inviting HCPSS to attend a BOH meeting, BOH attend a school board meeting, it was noted that this issue was noted in the County Executive’s Transition team report.</p> <p><u>BOH Composition</u></p> <p>There remains one vacancy for the BOH, the environmental position.</p> <p><u>For the Good of the Group:</u></p> <p>Paul Nagy shared that Johns Hopkins will be having a Precision Medicine Conference on May 30. Free event.</p>	Will send information out.
	<p><u>Topics for future meetings:</u></p> <p>Transition Report – April School-based Wellness (TBD) Marijuana Grower (TBD)</p>	
Other Business		
Adjournment	<i>There being no further business before the Board, the meeting was adjourned at 7:30 pm.</i>	

Next Board of Health Meeting: March 26, 2019 at 6:00 p.m. at Howard Co. Health Department 8930 Stanford Blvd. 1st Floor, Columbia, MD 21045